Relationship Matters

Eating and Feeding Matters - From Science to Strategies

Course Instructor



Ms.Kimberly Barthel, OTR
Occupational Therapist,
Relationship Matters
NDTA OT Instructor, Canada.

Description:

Eating and feeding are fundamental functions necessary for surviving and thriving. Many clients with neurodiversity and mental health issues experience profound disturbances in their participation in eating and feeding. Occupational Therapists, Speech and Language Pathologists, Physiotherapists, Psychiatrists, Psychologists, Counselors, Behavioural Therapists and Nutritionists are team members who evaluate and enhance these functions, but sometimes struggle in seeing the integrated whole of the various complex factors contributing to the clients' experiences.

This workshop is a cutting-edged compilation of research on the science of

eating and feeding from a neurobiological/physiological perspective as it pertains to picky eating, eating disorders (ARFID, anorexia nervosa, bulimia), sensory issues, oral motor/pharyngeal issues and attachment. Trans-disciplinary research, assessment and intervention strategies will be presented and discussed.







Learning Objectives:

Participants will be able to:

- Understand the neurobiological and physiological underpinnings of eating and feeding.
- · Describe how sensory processing issues impact eating, feeding and eating disorders.
- · Observe the impact of attachment and goodness of fit between caregivers and individuals experiencing eating and feeding challenges.
- Evaluate basic postural and motor control challenges that are connected to eating, feeding and eating disorders.
- Begin to develop problem-solving skills to integrate multiple variables of needs to create individualized interventions for clients with eating and feeding challenges



Online Eight-Session Series

Relationship Matters

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Course Modules Video Release dates
Modules 1-4 on August 14, 2021
Live Q & A For Modules(1-4) August 28, 2021(9pm -11pm IST)
Modules 5-8 on August 28, 2021
Live Q & A for Modules(5-8) September 11, 2021(9pm -11pm IST)

Modules #1 and #2 (90 minutes each)

Understand the neurobiological and physiological underpinnings of eating and feeding Modules #3 and #4 (90 minutes each)

Describe how sensory processing issues impact eating, feeding and eating disorders Sensory Interventions for eating, feeding and eating disorders

Module #5 (90 minutes)

Understand the impact of attachment and attunement on eating, feeding and eating disorders Module #6 (90 minutes)

Observe goodness of fit between caregivers and individuals experiencing eating and feeding challenges Module #7 (90 minutes)

Understand the role of postural and motor control issues in eating, feeding and eating disorders Module #8 (90 minutes)

Putting all the pieces together

Registration:

Participants from India

13500 INR(Individual Registration) 10500 INR (Group of 7) 8500 INR(Group of 12 or more) <u>Participants from Srilanka, Bangladesh,</u> Middle East Countries

225 CAD(Individual Registration) 175 CAD(Group of 7) 145 CAD(Group of 12 or more)

Refunds will be given until 30 days prior to the course. A \$50 administrative fee will be applied to all refunds.

No refunds will be given for cancellations made within 30 days of the first day of the course.

Video recordings of all the sessions will be available until October 31, 2021

