



CCS | MTP
BEST PRACTICES

Telehealth and Pediatric Therapy

CCS Best Practices Virtual Conference: Telehealth and Pediatric Therapy

Virtual Conference via Zoom

Sponsored by The Association of Pediatric Therapists

Wednesday, October 28, 2020

“Necessity is the mother of invention.” (unknown)

In these unique times we find ourselves having to change what we do and how we do it on a continual basis. As therapists we fortunately are creative and have great critical thinking skills so that we can adapt to changes. But is there a better way? When it comes to telehealth and pediatric therapy there is a body of literature from which we can learn from to that we can interact with our clients and their families to continue to achieve functional goals.

Learning Objectives (.40 CEUs, pending with CAPTA and OTAC)

This conference will summarize current best practice to maximize outcomes with telehealth in a pediatric population.

By the end of this course, participants will be able to:

1. Describe the correlation between 2 distinct periods of abundant neuroplasticity and optimal therapy service delivery for cerebral palsy and other related neurological disorders.
2. List 4 main therapeutic intervention categories, in the correct order of application, for effective treatment of cerebral palsy in a telehealth environment
3. Identify 2 coaching strategies for empowering child and family participation during telehealth therapy and beyond
4. Describe 2 ways of building and maintaining therapeutic relationships in a telehealth environment
5. Identify 2 methods of being a key support to caregivers when our primary communications are via telehealth tools



Peter Rosenbaum, MD, FRCP(C)

Peter Rosenbaum joined the faculty of McMaster University in July 1973. He is a Professor in the Department of Pediatrics since 1984 and an Associate Member of the Department of Clinical Epidemiology and Biostatistics at McMaster University. He held an inaugural Tier 1 Canada Research Chairs (2001- 2014). In 1989, Peter co-founded the award-winning CanChild Centre for Childhood Disability Research. Peter has held more than 80 peer-reviewed research grants and is a contributing author to over 350 peer-reviewed journal articles and book chapters. He has been an invited lecturer and keynote speaker in 30 countries.



Kim Barthel, OTR, C/NDT

Kim Barthel is an award-winning occupational therapist, multi-disciplinary teacher and best-selling author who is active in supporting people in many contexts internationally. An advanced NDT Instructor and a pioneer in reinforcing the importance of relationship Kim, is passionate about understanding complex behavior, movement challenges, neurobiology, trauma-informed practice, sensory processing, attachment, and mental health. Kim's mission is to support the conscious evolution of the human spirit.



Pia Stampe, PT, DPT

Pia is the owner and founder of Step by Step CP Intensives, now Key to CP. Pia is a pediatric physical therapist with more than 35 years of experience working with children with cerebral palsy. She graduated from PT education in Copenhagen, Denmark in 1981 and earned her Doctor of Physical Therapy degree from AT Still University in 2008. Pia has teaching experience in pediatrics/neurology, coaching and use of EMG biofeedback, NMES and FES.



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COURSE SCHEDULE 2020

8:00 – 8:15	Signing in
8:15 -- 8:30	Welcome and Introduction
8:30 – 9:00	Resource Development Workgroup
9:00 – 9:45	Peter Rosenbaum, MD, FRCP(C) “A new way of thinking and doing - 'normal' was simply 'we've always done it this way!' - We can do things different and better!”
9:45 – 10:00	Break/Networking
10:00 – 11:00	Kim Barthel, OTR, C/NDT “Developing relationships with clients and their families: Observe, assess, and coach parents for effective virtual treatments”
11:00 -- 11:15	Breakout rooms
11:15 – 12:15	Pia Stampe, PT, DPT “Powerful Partners: An E-health therapy and coaching framework that empowers family engagement & participation for embedding therapy into the natural environment”
12:15 – 12:30	Closing remarks / Questions / Course Evaluation



REGISTRATION 2020



REGISTRATION FEE: \$25

Online registration available at <https://aptbayarea.org/courses/ccs-mtp-best-practices-2020/>.
Payment accepted via credit card only.

Confirmation will be provided via email upon completion of online registration and payment.

Registration deadline is October 25, 2020.

No registration on the event day allowed.

This conference will be held live on Zoom. Each paid registrant will be provided the link to register for this live conference. There will be a re-broadcast Sunday, November 1, 2020 from 12:00-4:30 pm and 1 other date to be determined for registrants who missed parts of the live conference.

Therefore, no refunds will be available.

For questions, please contact Nayendra Dabresil at DabresilN@saccounty.net or Kevin Low at lowky@co.monterey.ca.us.