# Lunch & Learn Series Sleep as a

Contribution to Regulation

# Kim Barthel, OTR/L January 7, 2021 11:30 am-12:30 pm CST

Live Zoom Webinar

Education

Recording Access Available 1 week Following the Event

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American Occupational Therapy Association Approved Provider

Lunch & Learns set the foundation for further learning and exploration, introducing therapists to new areas of practice or expanding their knowledge by understanding the latest research and recommendations related to topics.

# Cost<sup>.</sup>

\$30/session

#### Audience:

OT, PT, & interested others

# **Contact Hours:**

1 CEU (.1 AOTA CEUs)

# Additional Info:

Course description, agenda, learning objectives, CE requirements, and speaker bio, available on our website.