



# Kim Barthel

## *Four Series Workshop*

March 4<sup>th</sup> 10:30 A.M. – 12 P.M.  
**How Trauma Affects the Brain**

March 4<sup>th</sup> 1 P.M. – 2:30 P.M.  
**Self-Regulation and Stress**

March 11<sup>th</sup> 10:30 A.M. – 12 P.M.  
**Developing Trauma-Sensitive  
Relational Skills**

March 11<sup>th</sup> 1 P.M. – 2:30 P.M.  
**Cultivating Resilience/  
Nurturing Hope**

## **Fostering Trauma-Sensitive Professional Practice in Turbulent Times**

The situation we are experiencing with COVID-19 is considered a collective trauma. Within this collective experience, emotional and behavioural responses are as varied as the number of humans on this planet. But it is affecting us all, and how we relate to one another and manage our own feelings matters.

This unique series of four live webinars will allow professionals to explore trauma-sensitive practice in real time, bringing the theory into practice. Appreciating the potential impacts that early developmental trauma has upon the developing brain offers professionals deeper insight and compassionate curiosity about the nature of our responses to the current environment.

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**North Okanagan CAPC Coalition**



Canada  
Community Action Program  
for Children (CAPC)

# The North Okanagan CAPC Coalition

Fostering Trauma-Sensitive Professional Practice in Turbulent Times

Four Series Workshop - Via Zoom

Presenter *Kim Barthel*

Thursday, March 4<sup>th</sup> - 10:30 A.M. to 12:00 P.M. & 1:00 P.M. to 2:30 P.M.

Thursday, March 11<sup>th</sup> - 10:30 A.M. to 12:00 P.M. & 1:00 P.M. to 2:30 P.M.

## Please note:

- Registrations can be emailed to [christinelishman@whitevalley.ca](mailto:christinelishman@whitevalley.ca)
- An email with the Zoom call-in information will be sent out a couple days prior to the event
- The session will be recorded and available afterwards for review
- Please feel free to register any co-workers who you feel would benefit from this presentation and include them on this registration form.

## REGISTRATION:

**Due Thursday, February 25<sup>th</sup>**

AGENCY: \_\_\_\_\_

NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_

Session 1: \_\_\_\_\_ Session 2: \_\_\_\_\_ Session 3: \_\_\_\_\_ Session 4: \_\_\_\_\_

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